



## Vedanta Retreat @ Farmhouse 58 31 October - 2 November 2025

### Retreat Schedule

#### Day 1: Friday 31 October 2025

Time	Event	Venue
3:00 - 4:00 pm	Arrive and Refresh	Reception
4:00 pm	Orientation / Tour	Reception
4:45 pm	Welcome Address & Introduction	Lapa
5:00 pm	Tea	Lapa
5:45 pm	Lecture 1	Meeting Room
6:45 pm	Break	
7:00 pm	Small Group Discussion	TBC
8:00 pm	Dinner	Boma

#### Day 2: Saturday 1 November 2025

Time	Event	Venue
4:30 am	Wake Up (Optional)	
4:40 am	Prayer (Optional)	In front of Lapa
4:45 am	Personal Study	Respective Rooms
5:45 am	Tea/ Coffee	Lapa
6:15 am	Yoga	Shala
7:00 am	Guided Walk	Meet at Lapa
8:00 am	Shower	
8:30 am	Breakfast	Restaurant
9:45 am	Lecture 2	Meeting Room
11:00 am	Depart for Nirox	Reception
11:20 am	Sculpture Garden Tour	Nirox
12:00 pm	Poetry Session	Nirox
1:00 pm	Depart for Farmhouse	
1:15 pm	Lunch	Restaurant
2:15 pm	Rest & Reflection	
4:00 pm	Small Group Discussion	Tbc
5:00 pm	Tea	Lapa
5:40 pm	Classical Music & Chant	Shalla
6:15 pm	Break	
6:30 pm	Big Group Discussion	Lapa
7:45 pm	Dinner	Restaurant
9:00 pm	Retire	

**Day 3: Sunday 2 November 2025**

<b>Time</b>	<b>Event</b>	<b>Venue</b>
4:30 am	Wake Up (Optional)	
4:40 am	Prayer (Optional)	In front of Lapa
4:45 am	Personal Study	Respective Rooms
5:45 am	Tea/ Coffee	Lapa
6:15 am	Yoga	Shalla
7:00 am	Sports / Gym / Jog / Walk	
8:00 am	Shower	
8:30 am	Breakfast	Restaurant
9:45 am	Lecture 3	Meeting Room
11:00 am	Q & A	Robert's Ring
12:30 pm	Depart/Lunch	