

# SHED MENU

## Farmer's Breakfast

Fresh juices, coffees, teas and Farminthveld infusions

Breads, cradle honey and farmers jam

Grains and fruits

Yogurt

Our own farm eggs scrambled, fried or poached and served  
with a seasonal selection of

Mushrooms

Caramlised Onions

Grilled or fresh tomatoes

Sautéed spinach / kale

Mexican chilli bean bowl served with poached egg

Smashed avo on toast (seasonal)

## Extras

Bacon 35

Egg 20

Smoked Salmon 65

Avocado 35

Cheese 29

Sourdough toast 15

Mushroom 35

\*Seasonality and availability shapes our menus

\*Our eggs come from our resident chickens