

FARMHOUSE



# Cradle on the ridge

As the rain falls we think of roofs, walls, we think about shelter

and the half-discovered cave on the dolomite ridge nearby,

a crib that rocked our fallen ancestors, sedimented eyeless prophets

of the land and weather and what we would end up doing to them.

by INGRID DE KOK

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# FARMHOUSE...

answers the call to enrich ourselves in nature.

To connect, experience, engage hear and be heard

break bread together

regenerate, collaborate and learn.

Finding harmony and balance.

 $\label{eq:local_local_local_local} \mbox{In the heart of the CRADLE} \\ \mbox{where humans first stood tall}$ 

harnessed fire and birthed language

we share the simple pleasures of this unique place

embracing the rolling highveld grasslands seasonal scents

secret waterways ancient glacial rifts

and relics of a sea long gone.

We touch the earth lightly alive to the beauty.

Re-cycling, up-cycling and re-purposing listening and responding to what came before.

Accepting the transience imperfection and mysteries of the universe.

Welcome to FARMHOUSE,

the dawn of project58

# ABOUT THE FARMHOUSE BUILDINGS

The development concept is inspired by, respectful of, its history, converting an old dairy, farmhouse and shed to create consciously aligned mixed-use, multi-dimensional spaces that are foundational components of the project 58 and NIROX ecosystem.

The rooms, lounges, co-working space, reading & writing rooms, lapa and shed restaurant (under construction) pay homage to the land, re-imagining its function.

Drawing inspiration from multiple diverse disciplines such as, Japanese Wabi-Sabi philosophies and Ancient African settlements we are grounded in nature... in the Cradle where it all began.

The design was developed in-house. Our building process has up-skilled the local communities and extensively used rammed earth techniques, up-cycling and recycling what we found here.

Our interiors, linen and bedding are all sourced locally, whenever possible, re-purposing what we already have. The arts are integral to the FARMHOUSE experience. The walls are hung with work from the NIROX collection and artists move seamlessly between the properties. Guests will inevitably find artists amongst them - writing, composing, rehearsing...with FARMHOUSE programs embracing diverse disciplines.

The atmosphere that defines NIROX permeates the FARMHOUSE.



# ABOUT THE FARMHOUSE EXPERIENCE

#### At your leisure...

Hike to the Sun(W)Hole sculpture by Moroccan artist Amine El Gotaibi.

Join a curated walk with Tim Forsman to Driefontein an [almost] forgotten ancient settlement, book a considered hike with Epic Hikes through the 58 landscapes or stroll at dusk to watch the sunset glow over the far away city in the east, iconic mine dumps to the south and the orange sun sinking behind Spioenkop to the west.

Find a secluded spot to watch (and gasp) at the full moon rising over the veldt, bathing it in ethereal light.

Use the hand drawing by artist Jessica Doucha, to guide you to the waterfall - the center-piece of ancient waterways that stretch from the upper dam to the retreat dam - providing crisp clean mountain water for swimming.

Meditate under the shale shelves arching over shaded ponds with the sounds of nature filtering through the crevices, where the sea once was, contemplating the passage of time.

Climb the gorge to experience the vast open space of the upper valleys where civilisation gives way to the sky over limitless highveld grasslands.

Explore and learn about the regenerative farm from Willem the resident farmer; or the land restoration from Thomas & Jerry, the

resident landscapers.

Watch Joseph and team expertly working with rammed earth...

discovering new ways to build responsively to nature.

Relax under the African Olives that serve our Olive Leaf Tea project, or meander through the young Lemon, Fig, Pomegranate and Cherry orchards

Join our friendship with the Magageng Community, our neighbors and collaborators in the community allotment farms we are establishing as a way to include everyone in our economy in communion with nature. Be amongst the first to be part of what promises to be a rewarding way of life for everyone in our community.

Engage with the artists from all genres who you will find in residence amongst you.

# FARMHOUSE FOOD & BEVERAGES

Our menus and venues are ever-changing, driven by the seasons, the weather and availability from local producers.

What we eat, what we drink, and how we do so is important to us.

Our aim for the food at **58**, is to choose the food that is the least harmful, the lightest interventions; where possible restorative to land and communities. It's a process we're only starting, and at this point the boldest claim we can make is that we aim to make conscious, considered choices.

For a look at our current menus, scan the QR code below with your phone. There you will also find our evolving ethos and descriptions of our sourcing of products. Please take the time to read it.

We are happy to discuss your ideas and learn more.



# Serving Times

**Breakfast** 08:30 - 11:00

**Lunch** 12:00 - 17:00

**Dinner** 18:30 - 22:00



Meals are served in the open-air covered lapa, boma or by arrangement on your verandah or tables set in the gardens. The Shed Restaurant is under construction.

This is all in the hands of Tawanda, Jason and...

- under the watchful eye of Andrea Burgener of Leopard.

# PROGRAMMES

Our programmes are our essence.

Compliment your stay to connect, regenerate and grow in the project 58 ecosystem.

FARMHOUSE is not only a place to comfortably lay your head. It encourages you to take part in carefully curated experiences: Guided walks in nature, hiking trails, diverse well-being practices, storytelling, art, farming workshops and many more that we are developing.



Browse our current collection of experiences & programmes by scanning this QR code.



#### NIROX SCULPTURE PARK

Access to the park is free for FARMHOUSE guests

A poetic landscape where art happens in nature.

Meander through life-giving arbors, waterways and fields. The park stretches extensively with contemporary artworks interspersed along the banks of the Blauwbankspruit River, intermittently hosting concerts, performances, readings ...

Visit artists in residence in the NIROX studios by arrangement.

Book in advance for special visits to SA's leading artists in the greater JBG/PTA area through NIROX' extensive reach into the arts.

Happen upon poetry readings, talks, recitals, filming crews as you navigate the space.

Visit the Screening Room showing film of import and beauty.

Arrange a guided walkabout of the park, the current exhibition or into the vast adjoining Khatlhampi Nature Reserve - from Long-to-Long - tying together the permanent works of world-leading artist Richard Long.

Visit <a href="https://www.niroxarts.com/">https://www.niroxarts.com/</a> to find out more.



# "And then there was fire..."

Woodfired Grill and Tapas Café

Tucked beneath a canopy of trees at NIROX; serving intercontinental fare with flair; from local suppliers and seasonal produce...Bernardo and Manuella share their journey with food.

Bookings are essential.

Open **Thursday** to **Sunday** and **Public Holidays** for lunch between 12pm and 4pm

Book a shuttle too.

Visit <a href="https://www.andthentherewasfire.com/">https://www.andthentherewasfire.com/</a> to find out more.



#### CRADLE OF HUMANKIND

Where humankind began its journey... from the depths of caves and hollows in the Cradle.

Experience the birthplace of humankind at the official visitor centres within an easy 20 minute drive from FARMHOUSE to Maropeng & Sterkfontein Caves.

Book a private guided Malapa Human Origins Tour -An enriching story telling journey in open game drive vehicles that visits two active fossil digs. Gladysvale and Malapa.

Visit the Rising Star Caves (subject to availability), a rich palaeoanthropological site where scientists have unearthed 1,550 bones and teeth belonging to about 15 Homo Naledi individuals.

Book a guided tour at Kromdraai Gold Mine through blasted tunnels and into a history of the Witwatersrand gold rush.

Explore cycle routes of 30 to 60 k's on the pristine roads through the Cradle. And if your timing permits, register for the monthly Full Moon Cycle from the Bidon Bistro Rise up to a view from the top on a sunrise flight in a hot air balloon with Air To Air Africa.

View Lion, White Rhino and Buffalo with experienced guides. Three of South Africa's big 5, a mere 2km away from FARMHOUSE at the Bothongo Rhino & Lion Nature Reserve.

And while there, nether down into the Bothongo Wonder Caves, 30 meters below the surface and the 3rd largest cave chamber in South Africa.

Run the plains on variety of terrains at Cradle Moon and track among some 20 species of wild life.

En route home visit Cullinary Table , a garden-to-table restaurant or book the HARVEST experience at Ground Cafe for country style food.

### HOW WE DO THINGS HERE

SHOES - are optional

**CELLPHONES** - the same, but PLEASE keep it private

SILENT ZONES - please respect

**MUSIC** - we will provide it when its in the flow, please do not bring or voice your own.

**DRINKING** - we serve a careful selection of drinks. You may not bring your own. If you want your minibar stocked, we can arrange that. We have a strict policy requiring responsible and moderate consumption of alcohol.

**NOISE** - To maintain the serenity and harmony for all guests, we ask that you please maintain low noise levels.

#### CHECK-IN & CHECK-OUT -

Check-in is from 14:00 and Check-out is before 11:00 on the day you depart. Late departures may be requested at an additional charge of 75% -100% of the room rate. Guests are to please do a formal check out at least 20 minutes prior to their desired check-out time. This is to ensure a thorough room check, bill check and a booking for a shuttle is arranged.

PARKING - All cars must be parked at NIROX gate 3. We will arrange transport to and from the FARMHOUSE. Our commitment is to preserve the quiet ambiance at FARMHOUSE, free from the clutter of urban life.

LIBRARY - Please use it. Read the diverse and unique selection... but leave them behind for others to enjoy. If you have read something here that you think others will enjoy, feel free to leave it. We are forever building our resource. WRITING ROOM - As much a room to paint too. Please use the pencils, the brushes and the paints we have left for you. When you are done, leave it for others after you.

**WILD LIFE** - The 173 hectares of land that FARMHOUSE is situated on has wildlife that graze the land.

Blessbok, wildebeest, impala, rooibok and zebra...nothing that will eat you...they are not shy, so you may easily walk amongst them, find them on your path, or nushing outside your room.

Do not be alarmed. Nor alarm them. This is their place as much as ours

**ROOM LIGHTS** - At night time, be sure to switch off your outside lights.

**SWIMMING** - The pools, retreat dam and waterfall are open for guest to swim between 10:00 - 16:00.

Do not swim in the agricultural dams as the water is not the same standard

No food or beverage may be consumed in the water. Swimming towels are provided for use at the pool area.

#### WATER SYSTEM - FARMHOUSE uses borehole water. Drinkable and safe for consumption.

The wastewater from the drains. showers and toilets is purified through a specialised system that flows back into the agriculture that surround us

We therefore ask that all auests take extra precautions when flushing items and substances through the system as this may cause damage to the system.

Please refrain from flushing condoms, sanitaryware and any other foreign items through the system.

#### WASTE & RECYCLING - Please dispose of waste in the dustbins provided in your rooms and around the property.

Glass water bottles may be left in your rooms for recycling.

The FARMHOUSE team sort through waste and recycle.

#### **EXTERNAL FOOD AND** BEVERAGE - Alcohol - use not abuse - conscious and deliberate No alcohol may be brought on the 58 property.

AMENITIES - Made onsite by our local community and to be enjoyed on-site, these are not complimentary take home bottles

## CONTACTS & CONNECTIONS

WIFI: Farmhouse

PASSWORD: Connect2nature

Please know that FARMHOUSE is located in a valley. You will therefore experience low signal. To gain access to the best signal for calls please go to the Lapa.

#### CONTACTS

FRONT DESK: 087 709 29097

Email: stay@farmhouse58.co

SMS Security call centre: 087 943 7792 Veld Fires: 083 433 5822 Fire Department : 011 951 1735 Police: 071 675 7057

Address: 58 R540 Kromdraai Road, Krugersdorp, Johannesburg, South Africa, 1792

Shuttle schedule between FARMHOUSE and NIROX are available from 8:00 - 18:00

## A MAP TO THE WATERFALL



Born in Johannesburg, Jessica Doucha (b.1986) identifies as an interdisciplinary visual artist. She is a qualified Alexander Technique practitioner (2007–2011) and B-Tech Honours graduate from the University of Johannesburg (2012–2015).

Jessica's practice has many languages. She considers herself a maker, a learner, a narrative creator, a healer, a teacher, a philosophical thinker, a decontextualizer of objects, one who draws, walks, listens, performs, sculpts, paints, writes. Linked to inhabiting ones full spectrum of corporeal embodiment, she positions herself in conversation with site-specific responsive actions, movements, rituals or gestures. In alignment with the true nature of perceived solid matter, these moments are impermanent, fleeting, sometimes documented, sometimes archived, sometimes recorded, sometimes inscribed, other times seemingly lost, even forgotten. On the level of the formless, these subtle vibrational agencies of communication reveal a depth of being somewhat beyond her own intellectual comprehension. What often transpires through these multifaceted process oriented practices, is the field of energy and intent behind her work, which overrides the ego as the formless moves through her to express itself as form.

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